

PB&J Sandwiches for the Homeless

Objective:

This In-House Service Project is a great way to help support local homeless shelters or food kitchens. These sandwiches can be given out while walking around looking for those who need a sandwich or they can be donated to a homeless shelter/soup kitchen to be given out at meals.

Materials:

- Plastic table cloth
- Plastic knives or spoons
- Kitchen gloves
- Sandwich bags
- Peanut butter and jelly (16oz jars make about 12 sandwiches)
- Bread

Steps:

1. Cover the table with a plastic table cloth
2. Take out plastic knives or spoons, kitchen gloves, sandwich bags, and peanut butter and jelly
3. Split your volunteers into two groups
4. With both groups make an assembly line out of your volunteers: Unpackers, peanut butter or jelly spreaders, combiners, packagers
5. Collect all peanut butter and jelly sandwiches
6. Donate the sandwiches



If you want to run this in-house service project at one of your upcoming meetings, please email:

service.committee@nycirclek.org

Someone will be able to take you through the steps and organize the project. We hope you enjoy!

Created by:

NYCKI Service Initiatives Committee